January 2027: 30-Day Declutter Calendar

One small task a day, about 15-20 minutes. Tick the box when done. Missed a day? Use the catch-up days.

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Day 1 Walk through, set up a donation box, note 3 problem spots ☐	**2** Day 2 Pack away holiday decor; toss broken lights and ornaments ☐
3 Day 3 Gift wrap and cards: keep one small kit, recycle the rest ☐	**4** Day 4 Entryway: shoes, coats, bags; move off-season items out ☐	**5** Day 5 Fridge clean-out: holiday leftovers, old condiments ☐	**6** Day 6 Pantry: expired food and leftover baking supplies ☐	**7** Day 7 Kitchen counters: clear down to daily-use items ☐	**8** Day 8 Food containers: match lids, recycle orphans ☐	**9** Day 9 Under the kitchen sink: old sponges, duplicate cleaners ☐
10 Day 10 Paper catch-up: mail, receipts, holiday cards ☐	**11** Day 11 Medicine cabinet: expired meds to a take-back site ☐	**12** Day 12 Makeup and skincare: old, dried-out or unused items ☐	**13** Day 13 Towels and linens: keep about 2 sets per bed ☐	**14** Day 14 Catch-up day (or rest) ☐	**15** Day 15 Closet: flip hangers, pull clothes you skipped all year ☐	**16** Day 16 Dresser drawers: file-fold and sort with small bins ☐
17 Day 17 Jewelry and accessories: untangle, pair, let go ☐	**18** Day 18 Nightstand: clear the top, sort the drawer ☐	**19** Day 19 Under the bed: check what is there, store bedding flat ☐	**20** Day 20 Socks, underwear, workout clothes: toss worn-out ☐	**21** Day 21 Catch-up day + donation drop-off ☐	**22** Day 22 Living room surfaces: coffee table, remotes, cables ☐	**23** Day 23 Bookshelves and media: keep what you reread or use ☐
24 Day 24 Toys, hobby and craft supplies: one bin per hobby ☐	**25** Day 25 Desk: clear the top, empty the junk drawer ☐	**26** Day 26 Digital: phone photos, apps, email unsubscribes ☐	**27** Day 27 Cleaning cabinet: combine duplicates, toss empties ☐	**28** Day 28 Laundry area: lint, odd socks, stray products ☐	**29** Day 29 Plan 2027: put home-care dates into your planner ☐	**30** Day 30 Final walk-through, donation drop-off, set routines ☐
31 Bonus: rest, then jot down what to tackle in February						

Rules: one task per day | donation box stays by the door | trash and recycling go out the same day | no buying bins until Day 16

Full guide: lifeupdaily.com/january-home-reset-plan/

Room-by-Room Checklist

Use it alongside the calendar, or on its own for a weekend reset. Keep what you use, love or need.

ENTRY + LIVING ROOM

- [ ] Shoes and coats: in-season only by the door
- [ ] Bags and keys have one landing spot
- [ ] Coffee table cleared to 3 items or fewer
- [ ] Remotes, chargers and cables sorted
- [ ] Books, media and games you still use
- [ ] Throw blankets and pillows edited

BATHROOM

- [ ] Expired medicine to a take-back site
- [ ] Old makeup, sunscreen and skincare out
- [ ] Towels: about 2 sets per person
- [ ] Hotel minis and samples used or donated
- [ ] Cleaning supplies combined

DESK + PAPER + DIGITAL

- [ ] Desk top cleared, junk drawer emptied
- [ ] Mail, receipts and cards sorted
- [ ] One inbox tray for 2027 paper
- [ ] Phone photos and apps trimmed
- [ ] Unsubscribed from 10 emails

KITCHEN

- [ ] Fridge: expired food and old condiments out
- [ ] Pantry: expired and stale items out
- [ ] Counters: daily-use items only
- [ ] Containers: every lid has a match
- [ ] Under-sink: one of each cleaner, old sponges out
- [ ] Duplicate gadgets and mugs donated

BEDROOM + CLOSET

- [ ] Hanger flip: note what you never wore
- [ ] Dresser: file-folded, worn-out items out
- [ ] Jewelry and accessories untangled
- [ ] Nightstand top: lamp, book, water only
- [ ] Under-bed: labeled, bulky bedding stored flat
- [ ] Sheets: 2 sets per bed, mismatched sets out

PLAN THE YEAR (2027)

- [ ] Filter, smoke alarm and seasonal dates in planner
- [ ] A 15-minute daily reset time chosen
- [ ] A weekly cleaning day chosen
- [ ] A quarterly mini reset (Apr, Jul, Oct) booked
- [ ] Donation drop-off spot and day noted

My 3 problem spots / notes: